

MAPPERLEY CC OPEN 10 MILE

TIME TRIAL

for the Brian Green and Sheila Plester Memorial Trophies



www.mapperleycc.org

Saturday May 25th 2019 Course: A10/3 First Rider Off: 3.01 pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary: Jason Varnam, 17 Gunthorpe Road, Gedling, Nottingham NG4 4JR
Mobile: 07851 733185
Event HQ: Village Hall, David's Lane, Gunthorpe, Nottm. NG14 7FH.
Time Keepers: Steve Custance, Bill Stanley
Numbers & Signing On Numbers and Signing On will be at the HQ - return numbers afterwards for a free drink. Please read any special instructions and sign on before taking your number. Remember also to **SIGN OFF** after your ride, or you will be DQ'd.
Marshals Members and friends of Mapperley CC.
Results Results will be displayed at the HQ - please **DO NOT** approach the Timekeepers.
Start: Please allow at least 15 mins from HQ to the Start. **DO NOT** congregate at the start or block the Starter's view of the road. Thanks for your co-operation.
NO WARMING UP on the course once the event has started.

Prize List

One Rider one prize, except Team

Fastest	£50 and the Brian Green Memorial Trophy	Fastest Lady	£50 and the Sheila Plester Memorial Trophy
Second	£40	Second Lady	£40
Third	£30	Third Lady	£30
Fourth	£20	Fastest Lady Vet	£50
Fifth	£10	Fastest Espoir	£30
Fastest Vet	£50	Fastest Junior	£30
Second Vet	£40	Lanterne Rouge	£10
Third Vet	£30		
Fastest Team of 3	£15 each		

Prizes will be awarded on the day where possible, so please try and stay for the presentation if you are a winner.

A10/3 Course Description

Start at grid reference SK697419 ten yards north of 'Clearway' sign on A6097 inside the white line marking edge of sliproad onto A46 northbound. Start level with drop down kerb, back wheel up against kerb edge with is 90 degrees to the carriageway. Join the A46, proceed north until Elston/Thorpe junction. Follow junction sweeping left to turn left at T junction, cross over the A46, take first left and sweep left to rejoin A46 southbound. Continue on A46 until East Bridgford/Car Colston junction. Left onto slip road. Continue to small roundabout, turn left onto unclassified road towards Car Colston to finish at large signboard. Grid reference SK720428. 10.02 miles.

Parking

There is plenty of parking at the Headquarters, and on-street parking nearby. Please park with consideration for village residents. **NO PARKING** near the start or finish.

SAFETY

Cycling Time Trials and Mapperley CC strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard and have a working rear light (flashing or constant). Do not stop at the finish timekeeper but proceed for a short distance, make a U turn when safe to do so and return to the HQ where your time will be displayed. Traffic counts have indicated light use of the A46 on a Saturday afternoon, however, it is still a major trunk road so please take no chances and ride safely. Your welfare is worth more than your PB. Take particular care at the finish, which requires a more than 90 degree left turn. Please check at the HQ for the latest Risk Assessment.

The organisers wish everybody a safe ride. Keep your head up and obey the rules of the road.

Sponsored Clubs

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 Flex-Tech Ettridge Cycles Racing Team
 LeisureLakesBikes.com
 NOPINZ
 Team Klincutapparel.com
 wattbike.com

Buxton CC/Sett Valley Cycles
 Fusion R T Veloperformance
 Lutterworth Cycle Centre RT
 Team Bottrill/Vanguard
 Velo-One CT (Staples Vegetables/Neil Palmer Electrical)